ENDURING FAITH SERIES Care & Resources

As we go through the Enduring Faith series, certain issues or painful memories will surface. We believe that healing and hope can be found as we commit to walk with one another. Below are some post-sermon care and resources:

1. CARE & COUNSELING

In addition to making room for corporate body ministry and prophetic prayer ministry at our services, we also make available the following for our City family:

If you are hurting and need someone to talk to, you are not alone. Our pastors and leaders are here to journey with you. You can contact one of us directly during office hours (Tue-Fri 10am-6pm; Sat 10am-1pm) to make an appointment to meet.

If you prefer to write in, you can submit your prayer request using our <u>online form</u> and a staff or ministry team member will contact you to schedule a video call, or in-person session if possible.

For professional counseling services, we can recommend some contacts at your request.

2. LIFEGROUP SUPPORT

LifeGroups are for our intentional discipleship.

If you are not yet part of a LifeGroup, please email <u>hello@thecity.sg</u> or speak to one of our pastors and leaders to indicate your interest.

Each week, the LifeGroups will chew over the sermon using notes provided via The City app. In these notes, there will be questions for deeper reflection, honest discussion as well as action steps to take. Your engagement with your LifeGroup will enable you to both experience and help others find freedom and transformation in community.

Having said that, we know that these difficult processes take time. We want every LifeGroup to commit to walk together in the way of Jesus - listen to others' pains and doubts, journey with gracious patience and friendship, grieve and celebrate together. Let us trust God to do his deep work in us, in all our LifeGroups, as we partner with him.

3. More resources

Disclaimer: Our listing of the resources here does not imply we are in full agreement with everything held by these persons or ministries. Please check out their works or related resources if you have queries.

<u>Books</u>

- The Critical Journey: Stages in the Life of Faith, Janet O. Hagberg and Robert A. Guelich
- After Doubt: How to Question Your Faith Without Losing It, A. J. Swoboda
- Benefit of the Doubt: Breaking the Idol of Certainty, Gregory A. Boyd
- Faith Shift: Finding Your Way Forward When Everything You Believe is Coming Apart, Kathy Escobar
- Turning My Mourning into Dancing: Finding Hope in Hard Times, Henri Nouwen
- Man's Search for Meaning, Viktor E. Frankl
- Emotionally Healthy Spirituality, Pete and Geri Scazzero
- God on Mute: Engaging the Silence of Unanswered Prayer, Pete Greig
- Where Prayer Becomes Real: How Honesty with God Transforms Your Soul, Kyle Strobel and John Coe
- A Church Called Tov: Forming a Goodness Culture that Resists Abuses of Power and Promotes Healing, Scot McKnight and Laura Barringer
- Wounded in the Church: Hope Beyond the Pain, Ray Beeson and Chris Hayward
- Sacred Companions: The Gift of Spiritual Friendship & Direction, David G. Benner

Free PDF downloads

- Religious Refugees: (de)Constructing Toward Spiritual and Emotional Healing by Mark Gregory Karris
- How to Lament

Podcasts

- The Critical Journey with Alan and Gem Fadling
- After Doubt with A. J. Swoboda
- Q&R: Deconstruction & Doubt with Jon Mark Comer and A. J. Swoboda
- Living With Doubt with Brian MacLaren
- Prayer in the Night with Tish Harrison Warren
- Against a Culture of Abuse with Scot McKnight and Laura Barringer
- Navigating an Evolving Faith in Relationships with Cindy Wang Brandt and Kathy Escobar

<u>Videos</u>

• God on Mute: Engaging the Silence - Prayer Course II on Unanswered Prayer (5 sessions, with study guides)

Spotify Playlist

• Enduring Faith